

REPORT

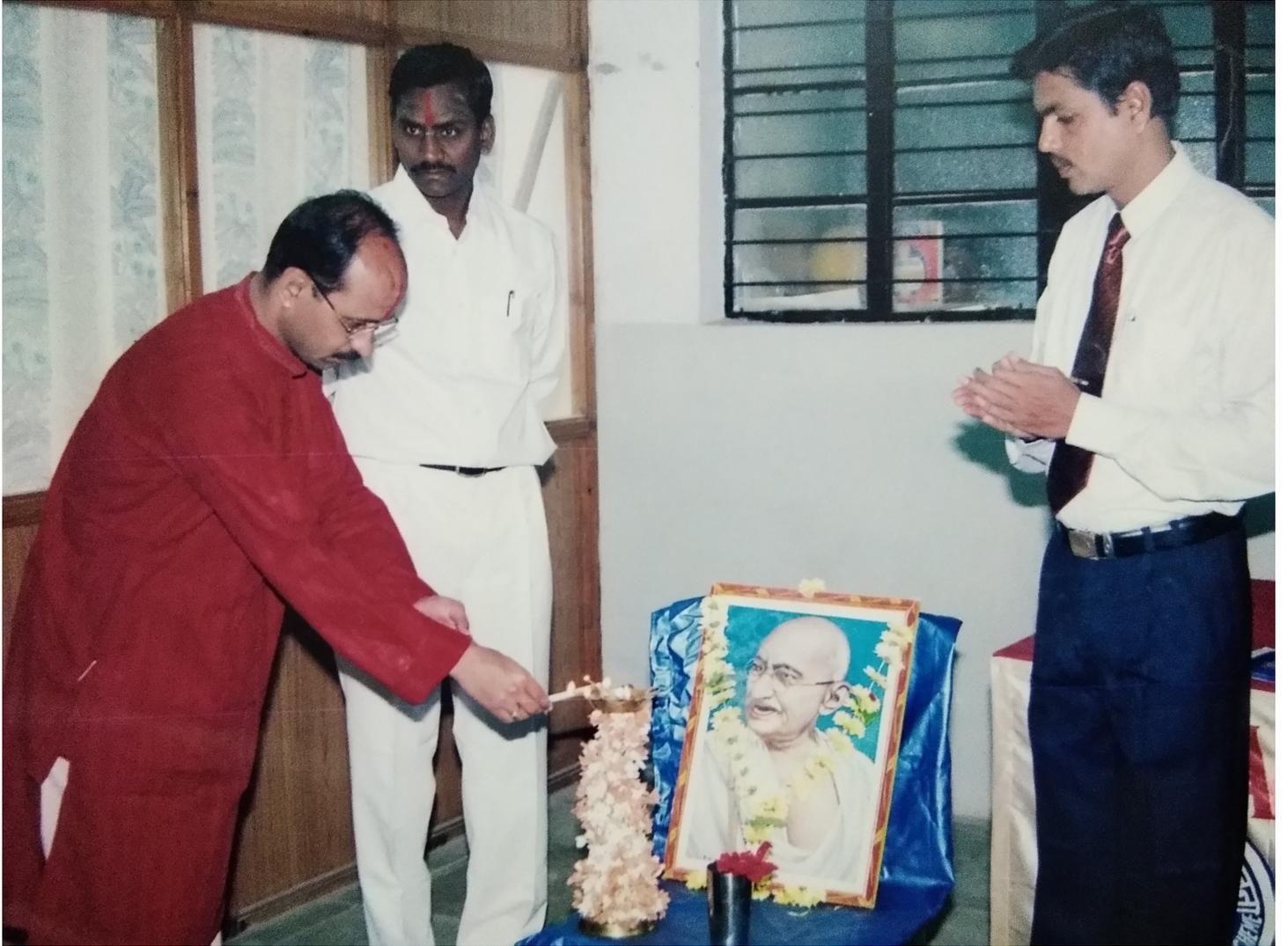
DIABETES EDUCATION AND AWARENESS AMONG COMMUNITY RESIDENTS OF SIDDAPUR VILLAGE

Diabetes mellitus (DM) is a chronic metabolic disease caused by a variable combination of insulin resistance. The result is disordered utilization and storage of the proximate nutrients (carbohydrates, proteins, and fats) and reduced production of ATP. Hyperglycemia is its most easily measured laboratory marker and the liability to chronic degenerative disease in almost all body tissues is its hallmark. The etiology of DM is still obscure although it has a strong genetic basis. However with proper management with diet, drugs and exercise a diabetic can enjoy almost normal life. DM is fast gaining disease in India. More than 62 million diabetic individuals currently diagnosed in India. In 2000, India (31.7 million) topped the world with the highest number of people with diabetes mellitus. Awareness of various aspects of DM management is essential for the prevention, management and control of the disease. The present survey study was an attempt to assess community residents with DM for awareness related to DM education and disease controlling practicing measures. A survey on 200 patients among the community in Bijapur was carried out to assess diabetic related KAP (Knowledge attitude and practice) awareness among community residing diabetic patients in bijapur city. A two- page questionnaire was administered to the study participants. The questionnaire contained series of questions on participant's demographic characteristics and KAP towards awareness and management of DM. A total of 54% male and 46% female participated in the survey, there was deficient KAP of diabetic disease and management among both male and female study participants., however male and female score 56% and 48% for diabetic knowledge, 86% male and 70% of female responded with right attitude towards importance of diabetic disease management, but shows very poor response in actual practice in controlling disease ,as 33% male and 30% female responded

actively .Of all the study participants 23% of male and 19% of female were of greater risk for the development of diabetic associated co-morbidity based on risk assessment .The survey was suggestive of deficient KAP related to diabetic awareness and education among community residents.











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BLDEA's Shri Sanganabasava Mahaswamiji College Of Pharmacy And Research Center Vijaypur in collaboration with Shri B M Patil Medical College Hospital And Research Center Vijaypur organised "**GENERAL HEALTH CHECKUP CAMP**" on Monday 23/01/2017 at siddapur village. Organised by **Department of Pharmaceutical Chemistry and NSS Unit**.

In this camp many patients from siddapur village are taken benefits like blood glucose test, body weight and height measurement and blood pressure measurement etc and patients are more interacted with our doctors and clarified their doubts and in this camp all age 1 year to 75 year patients taken benefits and suggestions from doctors. Total around more than fifty patients are beneficiaries from this camp and people of siddapur more happy and appreciated lot for our effort. The program was coordinated by Mr. Nanjappaiah H.M. NSS coordinator.





BLDEA's Shri Sanganabasava Mahaswamiji College Of Pharmacy And Research Center Vijaypur in collabrations with Shri B M Patil Medical College Hospital And Research Center Vijaypur organised "**GENERAL HEALTH CHECKUP CAMP**" on Monday 09/02/2014 at siddapur village. Organised by **Department of Pharmacology and NSS Unit**.

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BLDE College of Pharmacy organized a Health checkup camp in siddapur village on 18/01/2016. The students and staff members were actively participated in the camp. In this programme the parameters such as general physical examination, Blood pressure& body mass index and blood sugar checkup and hemoglobin was done. Necessary medical advice and precautionary measures was given to the patients.



Dept. of Pharmacognosy
BLDEAs College of Pharmacy, Vijayapura-586103

Dept. of Pharmacognosy, on behalf of NSS unit, organized a health awareness programme in association with Rotary Club of Bijapur North at Siddapur village on 28-12-2015. The theme of the programme was “Information on communicable and non communicable diseases”. Nearly 45 NSS volunteers from D. Pharm, B. Pharm, Pharm. D and M. Pharm (Pharmacognosy) along with teaching and non-teaching staff of Dept. of Pharmacognosy actively participated in the health awareness programme.

BLDEAs College of Pharmacy has adopted Siddapur village, situated at a distance of 15 kms from Vijayapur, towards meeting its societal responsibilities. The team reached Siddapur village at about 9.30 am. The team was divided into four groups, which toured the different streets of the village under the guidance of Dr. Gaviraj EN, Professor & HoD, Sri. CC Simpi, Associate Professor, Sri. CL Nagathan, Assistant Professor and Sri. BS Hunasagi, Assistant Professor. The groups were aided by Sri. SB Mangond, Technician, Sri. NM Bisnal, Attender, and M. Ilkal, M. Pharm student. The groups visited nearly 50 houses during their tour around the village and provided valuable information on communicable diseases like cholera, malaria, HIV, dengue & TB, and non communicable diseases like cancer, cardiac diseases & asthma.

Dettol antiseptic liquid and handwash gels were distributed to people and were briefed about their usefulness in preventing the spread of infections. Digital BP checking apparatus was used to check the cardiac health of the people and the suspected people were advised to visit BM Patil Medical College hospital, Vijayapura for further tests. Finally, all the members of the team assembled at Govt. primary school and the children were briefed about communicable and non communicable diseases.

Dr. Navanath V kalyane, Principal and Mr. HM Nanjappayya, Asstt. Professor and Coordinator of NSS Cell extended their support and guidance for organizing this health awareness programme. Priya Jamakhandi, Bhavana Nadagowda, Nagendra Naik, Ravina Mehta and Ancy John of students of I Pharm. D explained about Dengue, TB and HIV. Ismail Mulla, Sagar Umrani, Nagesh Rathod, Kohima Bonthu and Akhila Reddy of I Pharm. D spoke about non communicable diseases. Sameer Khan, Janisar Akbar, Kajal Shah, Dhanshree Malge and Jyoti Sai of I Pharm. D briefed about cancer. Rajaneesh, Siddu, Laxmi and Sachin of II Pharm. D explained about polio. Sweety G Gupta, Sumaiyya S Nadaf and Madura S Datar of I B. Pharm delivered a talk on asthma. Basavaraj Muttagi, Tanjila Sayyad, Laxman, Veerendra Sain of I. D. Pharm delivered information on malaria. Sunil A, Sachin B Rathod, Sachin C Rathod, Laxmi D, Asha G, Ruksana N, Samreen B, Swati M, Sachin Wali, Shraddha Desai, Kavita N of II B Pharm spoke about HIV. Abhishek Bijjaragi and Vamshi K of IV Pharm D, Kiran Kumar A, Karthik N, Harish, Swaroop of III Pharm D and Aksay Deshpande and Bharat S Bijapur of IV B. Pharm were active volunteers of this programme.







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Department of Pharmacology, BLDEA's College of Pharmacy Vijayapura In Collaboration with NSS Unit BLDEA's COP and Rotary club of Bijapur-North, Vijaypur, visited and conducted Health awareness Camp on "Maintenance of Cleanliness and Hygiene" at Siddapur village on 30/11/2015 of Vijapur taluk and district.

NSS Volunteers, Rotary members and faculty of Dept. of Pharamcology along with principal actively involved in the camp to make it grand success. This program was coordinated by Mr. Nanjappaiah H M, NSS program officer and Dr. Shivakumar Hugar, Prof. and HOD of Pharmacology, BLDEA's College of Pharmacy.







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Department of Pharmaceutics and NSS Unit, BLDEA's SSM College of Pharmacy & Research Centre, Vijaypur, On 12/12/2016 visited and conducted Health awareness Camp on "Storage and usage of medicine" at Siddapur village of Vijaypur taluk and district. NSS Volunteers and faculties of Dept. of Pharmaceutics were actively involved in the camp. The program was coordinated by Mr. Nanjappaiah H M, NSS program officer and Dr. C C Patil, Prof. and HOD of Pharmaceutics.







