



BLDEA's
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papaya



The papaya, papaw, or pawpaw is the plant *Carica papaya*, one of the 22 accepted species in the genus *Carica* of the family *Caricaceae*. Its origin is in the tropics of the Americas, perhaps from Central America and southern Mexico.

Scientific name: *Carica papaya*

Family: *Caricaceae*

· Delicious and Loaded With Nutrients. Papaya is the fruit of the *Carica papaya* plant. ...

- Has Powerful Antioxidant Effects. ...
- Has Anticancer Properties. ...
- May Improve Heart Health. ...
- May Fight Inflammation. ...
- May Improve Digestion. ...
- Protects Against Skin Damage. ...
- Delicious and Versatile.

Papaya is a plant. Various parts of the plant, such as the leaves, fruit, seed, flower, and root, are used to make medicine.